

## **PARTICIPATORY ERGONOMICS (PE), ITS BENEFITS AND IMPLICATIONS: A SYSTEMATIC REVIEW**

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### **ABSTRACT**

Now a day's participatory word is gaining popularity among the researches that deals with the human being. It is also being used in the field of ergonomics because of its various benefits and implication. As, it involves people in planning and controlling a significant amount of their own work activities, with sufficient knowledge and power to influence both processes and outcomes in order to achieve desirable goals. It helps to develop feeling of ownership among the front line workers that will help to improve the working conditions of the workplace. Thus it helps in reducing the various physiological and psychophysical hazards like MSD problems by providing an opportunity to workers to analyze their own working condition.

**KEYWORDS:** Planning, Controlling MSD Quality Circle